

REEDSWOOD E-ACT PRIMARY ACADEMY LUNCH MENU AUTUMN 2018

Meal Prices:
£2.20 & 20p
for Milk

WEEK 1

WEEK 2

WEEK 3

<p>Sausage with Onion gravy Halal Chicken Sausage & Onion Gravy Mashed Potato Carrot batons Green beans Rice Pudding & Jam</p>	<p>Meatballs with Bolognese Sauce Quorn Swiss Meatballs with Bolognese sauce (v) Pilau Rice (v) Garlic Bread (v) Jacket potatoes Chocolate steamed sponge & custard</p>	<p>Chicken Korma Curry Halal Chicken Korma Curry Mini naan Bread Rice Coconut Shortcake & Custard</p>
<p>Lamb Shepherds Pie Halal Lamb Shepherds Pie Baby New Potatoes Chunky Roast Vegetables Peas Cream Topped Chocolate Sponge</p>	<p>Vegetable Fingers (v) Fish Fingers Mashed Potato Peas & Sweetcorn Mince Pie & Cream</p>	<p>Ratatouille vegetables in a Yorkshire pudding (v) Savoury minced beef in Yorkshire Pudding Baby New Potatoes Sweetcorn Rice Pudding & Jam</p>
<p>Roast Turkey & Stuffing Halal Roast Turkey & Stuffing Roast Potatoes Broccoli Cauliflower Shortcake & Custard</p>	<p>Roast Beef & Yorkshire Pudding Halal Chicken Sausages & Yorkshire Pudding Carrot batons Sprouts Roast Potatoes Cup Cakes</p>	<p>Roast Turkey & Stuffing Halal Roast Turkey & Stuffing Roast Potatoes Gravy Carrots & peas Chocolate Sponge Cake & Cream</p>
<p>Chicken Wraps Halal Chicken Wraps Vegetable Savoury Rice (v) Golden Crunch Cookies</p>	<p>Chicken Wraps Halal Chicken Wraps Savoury Rice Fruit Crumble & Custard</p>	<p>Minced Beef Chilli Con Carne Vegetable Con Carne (v) Garlic Bread Savoury Rice Jam Tart & Custard</p>
<p>Cheese & Tomato Pizza (v) Vegetable Fingers (v) Chips Spaghetti Hoops Vanilla Ice Cream</p>	<p>Cheese & Tomato Pizza (v) Fish Portion Chips Beans Strawberry Ice Cream</p>	<p>Cheese & Tomato Pizza (v) Fish Fingers Chips Baked Beans Chocolate Ice Cream</p>

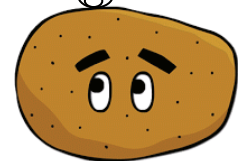
Keep yourself topped up with water—it will help you concentrate **all day long**



There is a vegetarian or halal choice **every day** and don't forget that salad is available **daily**



Jacket Potatoes are **available every day** with a choice of fillings



If you don't want a dessert you could **always pick fresh fruit or Yogurt**

