

25 October 2020

Dear parent or carer,

I hope my message finds you safe and well.

I am writing to you as we have been informed that there has been a confirmed case of COVID-19 within the academy. The affected pupil from **class RLT** is now self-isolating for a period of 10 days, and I am sure you will join me in wishing them a swift recovery.

In following the national guidance, we have identified that children from the RLT class bubble could have been in close contact with the affected pupil therefore, **in line with the guidance we ask that all children from RLT now stay at home and self-isolate until Monday 2 November**. Providing they are showing no symptoms of COVID-19 your child can return to school as planned on Tuesday 3 November 2020.

Why is my child being asked to self-isolate?

Public Health England has advised that your child self-isolates as a precautionary measure. It is, however, incredibly important that your child remains at home during their period of self-isolation in order to reduce the chances of COVID-19 further spreading within the community.

If your child is well at the end of the 14-day period, they can return to their usual activities. Other members of your household can continue with their normal activities provided your child does not develop symptoms within the 14-day self-isolation period.

Please click [here](#) for the government's guidance for people who have been in close contact with, but do not live with, a person who has tested positive for COVID-19.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms first appeared.

All other household members, even if they are well, must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill. Please note that this advice applies to anyone in your 'support bubble'.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, you should ask friends or family. Alternatively, you can order your shopping and medication by phone or online.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please note that our students and members of their households have access to testing if they display symptoms of COVID-19. To access testing, you can use the online booking service at www.gov.uk/get-coronavirus-test or call 119.

Please click [here](#) for Public Health England's 'stay at home' guidance.

Symptoms of COVID-19

For most people, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are the recent onset of:

- A new continuous cough and/or
- High temperature and/or
- A loss of, or change in, normal sense of taste or smell (anosmia)

If your child does develop symptoms, you can seek advice from NHS 111 by clicking [here](#) or by calling 111.

How to stop COVID-19 spreading

Public Health England recommend the following to us all in order to reduce the risk of the virus spreading:

- Wash your hands with soap and water often for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19> should you need it, but please do get in touch with us if you have any questions.

In the meantime, I take this opportunity to thank you for your understanding during this challenging time, and again ask that you please get in touch with any questions or concerns.

Yours sincerely,



Maxine Lathbury-Cox
Headteacher